

Pediatric Obesity mini CoIN CDC ECE Networking Call April 27, 2016

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2016 Pediatric Obesity mini CoIN

- ✓ Supported by:
 - ✓ CDC, Division of Nutrition, Physical Activity and Obesity and
 - ✓ HRSA, Maternal and Child Health Bureau



Federal Agency Collaboration

CDC

- ✓ DP13-1305
- ✓ Spectrum of opportunities

MCHB

- ✓ CoIIN model of success and prestige



What is a CoIIN?

- ✓ A Collaborative Innovation Network (CoIN) ¹
- ✓ Adapted to focus on both innovation and improvement
 - ✓ Collaborative **Improvement** & Innovation Network (CoIIN)
- ✓ A team of self-motivated people with a collective vision collaborating to achieve a common goal by sharing ideas, information, and work.

¹ Gloor PA. *Swarm Creativity: Competitive Advantage through Collaborative Innovation Networks*. New York: Oxford University Press, 2006.



Key Elements of a CollN

- ✓ Collaborative learning
- ✓ Common benchmarks
- ✓ Coordinated strategies
- ✓ Rapid test cycles
- ✓ Innovation through rapid and on-going communication

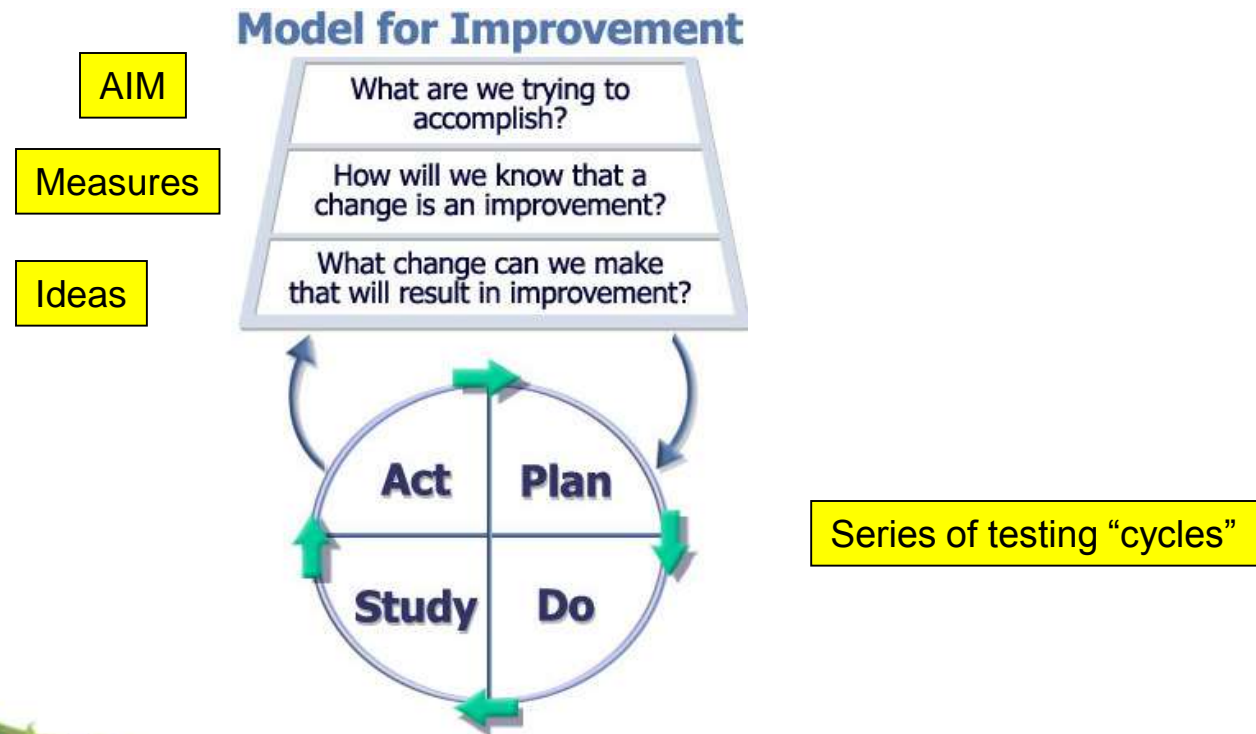


ColIN Purpose

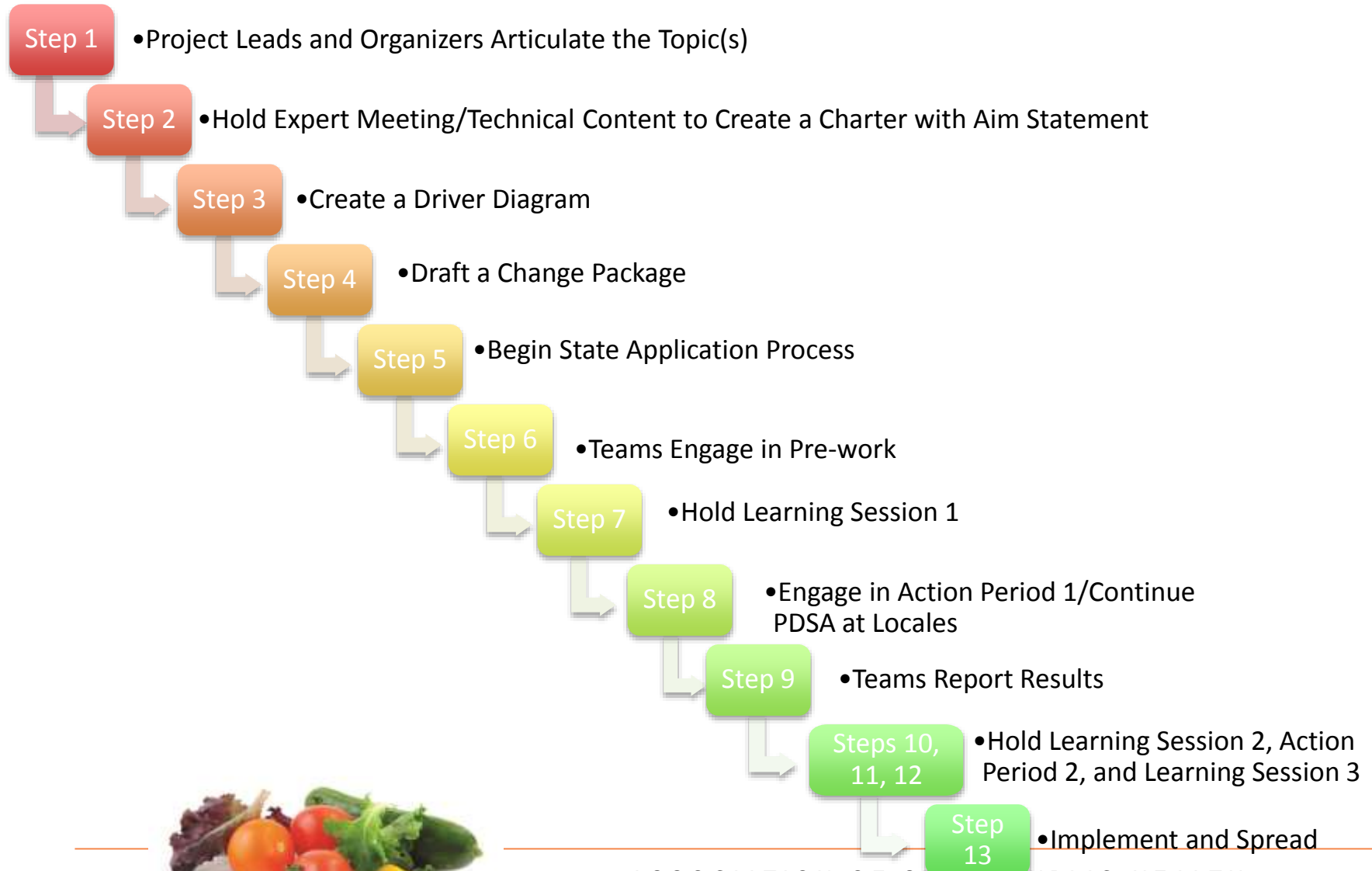
- ✓ Disseminate practices known to work
- ✓ Innovate
- ✓ Achieve results faster
- ✓ Build leaders of QI - sustainability
- ✓ Demonstrate effectiveness of strategies



Model for Improvement



CollN Steps



Planning Stage

1. Define Gap, Scope and Nature of the Problem
Too many children 2 - 5 years of age overweight.

3. Strategies

- to increase the proportion of children ages 2-5 who fall within a healthy weight range

2. Aims

- ECE Policies and Practices
- Consistent Messaging
- Care Coordination

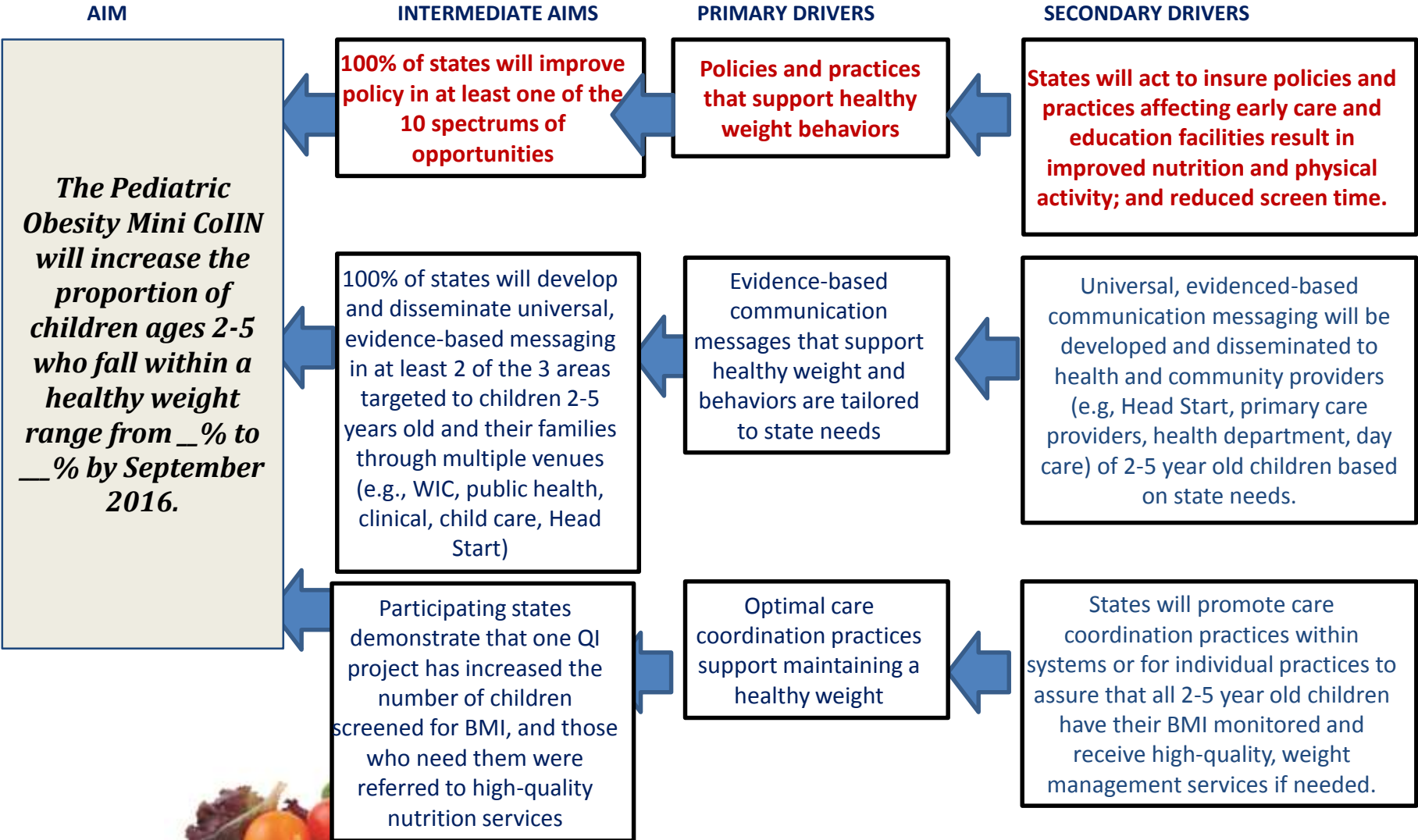
- Ultimate Goal % of children whose BMI within a healthy range

4. Measures

5. Build and Sustain Cybertteams



Driver Diagram: Pediatric Obesity CollN



Policies and Practices in Early Care and Education Change Package



Change concept (or secondary drivers/interventions)	Key Changes	Specific changes
States will act to insure policies and practices affecting early care and education facilities result in improved nutrition, and physical activity; and reduced screen time.	Teams will implement policy changes and practices in the early care and education (ECE) system in their state that support healthy eating and physical activity behaviors. Everything needed for this change package is on the website www.eceobesityprevention.org .	<p>Education</p> <ul style="list-style-type: none"> • Include obesity prevention strategies in Pre-service & Professional Development requirements. • Strengthen Technical Assistance requirements related to obesity prevention strategies. • Revise Early Learning Standards to emphasize nutrition, physical activity and screen time. <p>Environment</p> <ul style="list-style-type: none"> • Increase Child & Adult Care Food Program (CACFP) participation and exposure. • Start a Quality Rating and Improvement System (QRIS) with nutrition, physical activity and screen time standards. • Use Facility-level Interventions to promote nutrition and physical activity and to limit screen time. • Promote Access to Healthy Environments. <p>Policy</p> <ul style="list-style-type: none"> • Adopt Licensing and Administrative Regulations to promote healthy eating and decrease obesity. • Enhance obesity prevention efforts with Funding and Finance • Family Engagement to support successful implementation of improved policies and practices.

State Teams

2015

- ✓ Arkansas
- ✓ Louisiana
- ✓ Ohio
- ✓ Wisconsin

New for 2016

- ✓ California
- ✓ Oregon
- ✓ North Dakota



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